

# Food for Thought

April 26, 2010 Quincy, IL - April 27, Belleville, IL  
April 28, Carterville, IL

May 12, Joliet, IL - May 13, Des Plaines  
May 14, Rockford, IL

Sponsored by:



Whether you are a traditional facility or a transforming organization -

Whether you are well along on a culture change journey or just thinking about beginning the journey -

This presentation on your opportunities to enhance the dining experience for your residents will be of value to you.

In the spirit of OBRA this session challenges us to maximize resident choice and honor resident individuality through dining innovations.

The workshop will explore a range of opportunities from simple but special celebratory meals to complex challenges of breakfast cooked to order.

Learn what dining innovations the pioneers in culture change are doing.

**Registration Time: 8:00**

**Start Time: 8:30      Stop Time: 3:30**  
**30 minute lunch      two 15-minute breaks**  
**6 hours CEUs**

Instructor: Led by Linda Bump, a Registered Dietitian and licensed Nursing Home Administrator with a particular passion for resident-centered dining, this workshop has been submitted for prior approval for 6 CEU for RD, DTR, CDM, & NAB.

Linda has led three organizations through deep culture change and facilitated the process for other organizations around the country. She has provided this session all around the country. She was one of the featured speakers at the web based National Symposium on *Culture Change and the Food and Dining Requirements Creating Home in the Nursing Home II* -- a CMS / Pioneers webinar sold out to a crowd of 1200.

**To register or for more information visit:**

<http://www.culturechangenow.com>

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## Agenda

**8:30-9:30 Reflections –a Quality Life**

CHANCES ARE  
LIFE'S DAILY PLEASURES  
NEIGHBORHOOD AND COMMUNITY

**9:30-10:30 Reflections - a Quality Dining Experience**

FOOD COMMERCIAL  
REFLECTIONS

**10:30-10:45 Break**

**10:45-11:45 Philosophies and Practices in Resident Centered Dining**

NOURISH THE BODY AND SOUL

**11:45-12:15 Lunch**

**12:15-2:15 The Range of Possibilities for Dining in Culture Change Part I**

RANGE OF POSSIBILITIES

**2:15-2:30 Break**

**2:30-3:30 The Range of Possibilities for Dining in Culture Change Part II**

RESIDENT DECISION MAKING

**3:30 Evaluate & Adjourn**

*This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Examiners of Long Term Care Administrators (NAB) and approved for 6 clock hours and 6 participant hours for RD, DTR, CDM, & NAB.*

**\$39 per attendee. This program is funded by Illinois Pioneer Coalition through a grant from the Illinois Department of Public Health.**