

Title of Project: Accessible Walking Path

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Knox County Nursing Home developed ADA compliant walking trails, complete with exercise stations, well chair swing, sensory stimulation and visual history, antique tractor, caboose, and farm implements. It is adjacent to the farm animals and children's play area. Residents, families and the community enjoy walking the trails and visiting in the old pagoda that was originally on the grounds of the college in the late 1800s. The trails are a step back in history and serve to stimulate forgotten memories for all.

The paths were designed to include areas for improving gross and fine motor skills, mobility and overall fitness. They were intended to aide in relationship building and enhance intergenerational opportunities for residents, families and community members.





