

Illinois Pioneer Coalition

Story from our Partner

Long Term Care Golden Games



Residents from area nursing homes, assisted and supportive living homes within the West Central Illinois region enjoyed a day of fun, games, prizes and food when they attended the Long Term Care Golden Games on October 2, 2008. More than one hundred seventy residents, staff, family and volunteers gathered at the Quincy Senior and Family Resource Center in a "carnival-like" atmosphere.

They played games such as Target Ball, Hillbilly Golf, Planko, Bean Bag Toss, Ball Roll, Par One Golf, Chair Basketball Toss and Traveling Trivia to earn tickets that were redeemed for a variety of prizes from which they selected. They were also able to participate in a "Sweet Walk," similar to musical chairs where winners chose from a variety of healthy and

"not so" healthy sweet treats! A traveling clown and magician worked the crowd between games. All participants chose a hat of their choice upon arrival to wear and take home with them.

RSVP made and served cotton candy and the Adams County Council for Senior Citizens popped popcorn on site. Area nursing homes, a home care agency, an occupational therapy company, a funeral home, and the area agency on aging donated the prizes.

The celebration ended with a delicious dinner of fried chicken and all of the trimmings. This included pumpkin pie, an all time favorite for the residents! This year's event included a nametag contest. Each home chose it's own theme and competed for cash prizes for their activity department for the most artistic, most creative, and most unique. A local artist was the judge. This served a dual purpose, as it was easy to determine which residents represented which home. It also provided an activity for resident participation prior to their attending.

Residents look forward to this event each year as they have the opportunity to visit with former friends and neighbors who now reside in different homes as well as make new friends while together. It definitely promotes quality of life, reminiscing, community, response to body-mind-spirit and living life to its fullest.

