



Illinois Pioneer Coalition

Partners on the Journey

"Promoting Culture Change in Long Term Care"

December 2007



Welcome to our E-Newsletter

A message from our President

Finally! We have marked a big milestone with our first ever Illinois Pioneer Coalition E-Newsletter. This might not seem like such a big deal to most of you, but for our small (but powerful) group, this is true progress.

Organized for a short three years, the Illinois Pioneer Coalition (IPC) has been busy finalizing our strategic plan, organizing Regional Coalitions, planning and evaluating our 4th Annual Educational Summit, and promoting Culture throughout the state of Illinois.

The mission of the IPC is to: create opportunities for communication, networking, and learning; build and support relationships and communities; identify and promote

transformation in practice, services, public policy, and research; develop and provide access to resources and leadership; and assist with implementation of culture change in a variety of long term care settings across Illinois .

This seems like an incredible undertaking for our organization, but for those of us involved, it is a mission that we feel is important to the thousands of people who reside in long term care settings in Illinois.

My hope in sending you this newsletter is that you will learn about the IPC and choose to support our journey. All we ask is that you advocate for and promote our mission.

Sincerely,

Becky Haldorson

President, Illinois Pioneer Coalition

Education our #1 Goal

With education being one of the goals of the Illinois Pioneer Coalition, the coalition focuses on providing education that is based upon the philosophy, practices and principles of person-centered and person-directed care designed to improve quality of life for elders and persons with disabilities in our society. The hope is to effect deep culture change to transform care settings into "real homes" and improve the quality of life for elders as well as staff in various settings.

To date, the main educational activities have been in the state summits held annually for the past four years in Springfield, Illinois. The summits provide opportunity for health care workers and providers to gather, share, network and learn about transformational change in a somewhat unique conference setting. The main focus is ALWAYS improving the quality of life for elders living

in various setting. National experts in the field, such as Steve Shields from Meadowlark Hills in Manhattan, Kansas, and Jim Kinsey who is with the Institute for Caregiver Education, Harrisburg, Pennsylvania, have presented. Also, experts in the field from throughout the state of Illinois have volunteered their time to share their knowledge. The roundtable discussions are a highlight of the conference! Participants are led by an assigned facilitator in a learning circle format (a culture change activity) through discussion of related topics of interest. This is a wonderful opportunity for those already on the pioneer journey to share their stories and for those who are just beginning their journey to pick up practical ideas. More than three hundred individuals attended this year's summit.....our largest so far!

Collaboration with professional and trade associations is another goal promoting education on culture change. Several members of the IPC

Board of Directors presented informative sessions on a variety of topics during the Illinois Health Care Association annual conference in Peoria, Illinois, in September. The IPC also sponsored an educational session and the closing plenary on culture change during the annual Illinois Nursing Home Administrators' Association Conference in November, 2007, in Springfield. Both of these events provided great opportunity to expose many of the decision makers in elder-care to the benefits of person-centered, person-directed care as well as the activities of the Illinois Pioneer Coalition.

The IPC offers a speakers' bureau on a variety of culture change topics. Many of the speakers are available to travel throughout the state either free of charge or at a nominal fee. Check out the Speakers' Bureau listing on the Illinois Pioneer Coalition website.

Paula Connell,
Education Committee Chair

Culture Change Resources

We are all looking for ways to advance in our Culture Change journey and sharing information and resources is one way we can assist you. The following web sites are loaded with information for you and your organization to utilize for free!

Remember to visit our website for additional resources. www.illinoispioneercoalition.org

Alzheimer's Association This site provides educational materials to better understand the disease process of Alzheimer's related dementia
<http://www.alz.org>

Advancing Excellence in America's Nursing Homes The campaign's [unprecedented coalition](#) includes long-term care providers, caregivers, medical and quality improvement experts, government agencies, consumers and others. The site provides resource tools for the 8 clinical and organization goals that are the focus of this campaign.
<http://www.nhqualitycampaign.org>

American Geriatrics Society The Society provides leadership to healthcare professionals, policy makers and the public by implementing and advocating for programs in patient care, research, professional and public education, and public policy. Guides, abstracts and tools on depression, pain, falls, etc. are provided on this site.
<http://www.americangeriatrics.org>

Borun Center This website is a joint venture between the [UCLA School of Medicine](#) and the [Jewish Home for the Aging](#) of Greater Los Angeles and features training models for a variety of clinical topics. <http://borun.medsch.ucla.edu>

CMS Education and Training Site Tele-conference educational opportunities on a variety of topics pertinent to long term care. <http://cms.internetstreaming.com>

CMS regulations and Manuals The federal site for access to the OBRA regulations and Long Term Care manuals such as the RAI Manual.
<http://www.cms.hhs.gov/center/snf.asp>

Hartford Institute The Hartford Institute educates the public to expect best practice as the standard for geriatric nursing care. Good resident specific problem solving techniques are provided.
<http://www.hartfordign.org/about/index.html>

Illinois Administrative Code title 77 part 300 State specific Nursing Home regulations.
<http://www.hpm.umn.edu/NHRegsPlus/>

Medicare Quality Improvement Community (MedQIC) MedQIC supports the Quality Improvement Organizations and providers in finding, using, and sharing quality improvement resources.
<http://medqic.org>

National Gerontological Nursing Association Downloadable tools to help with pain, falls and depression
http://joomla.puetzamc.com/ngna/index.php?option=com_docman&task=cat_view&gid=52&Itemid=117

National Pressure Ulcer Advisory Panel Features free resources for pressure ulcer prevention and treatment competency for nurses, FAQ's and a newsletter. The PUSH tool is also available here.
www.npuap.org

Nursing Home Compare The primary purpose of this site is to provide detailed information about the past performance of every Medicare and Medicaid certified nursing home in the country.
www.medicare.gov

World Health Organization Resource materials on health related topics especially mental health issues including depression
<http://www.searo.who.int/EN/Section314.aspx>

The Pennsylvania Restraint Reduction Initiative (PARRI) Serving long term care residents through education of safe practices; provides steps to restraint reduction study and resource tool
<http://www.parri.kendal.org/learning/STEPStoRestraintReduction.aspx>

PHI National Clearinghouse for the Direct Care Worker PHI's National Clearinghouse on the Direct Care Workforce is a national on-line library for people in search of solutions to the direct-care staffing crisis in long term care
<http://www.directcareclearinghouse.org>

Illinois Foundation for Quality Health Care Free resource materials for pain, depression, restraints, and high-risk pressure ulcers as well as the ever popular "Look At Me" DVD. You will find archived copies of our monthly Just the Fax also. **If you reference this Just the Fax you will have easier accessibility to the website links listed on this page.**
www.ifqhc.org

*"Recognize that culture change and transformation are not destinations,
but a journey --always a work in progress."*

We Want Your Stories!

Is your facility or community doing something that you want to share with others interested in Culture Change? Have you discovered a way to empower your residents? Have you adapted someone else's idea to work in your culture?

We want your stories!

Send your stories and pictures (if you have them) to: bhaldorson@willcountyillinois.com